

**Anderson Island Writing Retreat | August 30-September 1, 2024**

***Writing as Nourishment: Playful Explorations in Poetry and Creative Nonfiction***

**with Brenda Miller and Jane Wong**

in the Johnson Farm Archival Building  
9306 Otso Point Road, Anderson Island, WA

**Friday, August 30**

Time	Activity
2:00-2:15	Welcome and Review Itinerary
2:15-3:00	Introductions. What is Nourishing, in Our Writing and Our Lives?
3:00-4:30	Play Session with Brenda and Jane: Coming to Our Senses
4:30-5:00	Break
5:00	DINNER

**Saturday, August 31**

Time	Activity
8:30-9:00	BREAKFAST
9:00-9:15	Announcements
9:15-10:30	Class with Brenda: How to Embrace Faulty Memory in Creative Nonfiction
10:30-10:45	Break
10:45-NOON	Class With Jane: Bewilderment through Voltas in Poetry
NOON-1:30	Break/Lunch
1:30-2:00	Creating the Altar of Joy
2:00-4:00	Play Session with Brenda and Jane: Multimedia Joy
4:00-5:00	Break/Quiet time/Writing Time
5:00-6:00	DINNER
6:15-7:30	Readings from Students and Instructors

**Sunday, September 1**

Time	Activity
8:30-9:00	BREAKFAST
9:00-9:15	Announcements
9:15-10:30	Nourishing Revision with Brenda and Jane
10:30-10:45	Break
10:45-11:30	How to Keep Writing and Writing as Ritual with Brenda and Jane
11:30-NOON	Fond Farewells/Intention Setting
NOON	End of Session